

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Bernard Alyward

35-39 / 182 of 207

2:07:06 / 2:09:57

M: 1408 / Race: 3127

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm