

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Sara Upshall

30-34 / 246 of 331

2:07:33 / 2:09:42

F: 1718 / Race: 3124

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm