

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lisa Collins-Sheppard

35-39 / 3 of 396

1:02:29 / 1:02:29

F: 5 / Race: 31

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm