

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Caroline Ploughman

50-54 / 155 of 248

2:02:43 / 2:06:44 F: 1654 / Race: 3030

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm