

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Steve Emberley** 

40-44 / 9 of 195

1:02:17 / 1:02:20

M: 26 / Race: 30

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm