

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Merlyn Ward

30-34 / 230 of 331

category

2:00:55 / 2:05:22

time chip/time

F: 1604 / Race: 2967

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm