

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Paul Ruby

65-69 / 48 of 85

2:02:31 / 2:05:02 M: 1360 / Race: 2953

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm