

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Chantel Armstrong

20-24 / 5 of 134

1:17:15 / 1:17:32

F: 59 / Race: 291

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm