

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Richard Nolan**

45-49 / 162 of 195

2:02:29 / 2:03:31

M: 1337 / Race: 2866

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm