

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**Jeff Barnes** 

45-49 / 18 of 195

1:16:55 / 1:17:21

M: 227 / Race: 284

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm