

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Melanie Woodrow

25-29 / 177 of 269

1:59:58 / 2:02:27

F: 1500 / Race: 2825

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm