

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Ruth Porter Hart

65-69 / 14 of 51

1:59:04 / 2:02:00 F: 1483 / Race: 2800

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm