

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Samantha Parrell

20-24 / 85 of 134

1:55:36 / 2:00:27

F: 1430 / Race: 2729

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm