

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Lesley Spurrell** 

45-49 / 176 of 326

1:57:12 / 1:58:56

F: 1358 / Race: 2628

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm