

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Heather Seeley** 

40-44 / 211 of 370

1:56:06 / 1:58:22

F: 1334 / Race: 2597

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm