

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Dean Shano

55-59 / 110 of 138

1:56:05 / 1:58:20 M: 1261 / Race: 2591

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm