

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Dan Meades

35-39 / 32 of 207

1:16:03 / 1:16:26

M: 205 / Race: 255

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm