

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Trudy Keeping

65-69 / 11 of 51

1:56:39 / 1:57:27

F: 1293 / Race: 2536

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm