

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Rick Frank

35-39 / 160 of 207

1:55:45 / 1:57:20 M: 1240 / Race: 2524

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm