

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Robert Jong

25-29 / 28 of 142

1:16:05 / 1:16:12

M: 200 / Race: 250

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm