

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Shelley Parsons

35-39 / 234 of 396

1:55:05 / 1:56:11

F: 1247 / Race: 2470

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm