

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Andrew Smith

1:15:32 / 1:16:04

45-49 / 15 of 195

category time chip/time

M: 198 / Race: 247

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm