

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

Melissa Ralph

40-44 / 199 of 370

1:53:54 / 1:56:07

F: 1242 / Race: 2465

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm