

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Cassandra West

30-34 / 172 of 331

1:53:48 / 1:55:23 F: 1207 / Race: 2423

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm