

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Amanda Howse

30-34 / 171 of 331

1:51:21 / 1:55:22 F: 1206 / Race: 2422

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm