

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Chris Blandford

45-49 / 147 of 195

1:52:38 / 1:55:18 M: 1215 / Race: 2418

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm