

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Jason Foote

35-39 / 31 of 207

category

1:15:35 / 1:15:52

time chip/time

M: 192 / Race: 239

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm