

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

David Cooper

60-64 / 5 of 125

1:15:38 / 1:15:45

M: 188 / Race: 234

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm