

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**George Buch** 

40-44 / 33 of 195

1:14:50 / 1:15:44

M: 187 / Race: 232

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm