

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

James Blackwood

35-39 / 153 of 207

1:49:45 / 1:53:24 M: 1186 / Race: 2313

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm