

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Frank Connors**

60-64 / 74 of 125

1:49:17 / 1:52:24 M: 1172 / Race: 2259

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm