

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Heather Normore**

45-49 / 141 of 326

1:48:33 / 1:51:43 F: 1052 / Race: 2217

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm