

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lisa Russell

40-44 / 166 of 370

1:47:17 / 1:51:41

F: 1049 / Race: 2212

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm