

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Andrew Lang

65-69 / 39 of 85

1:50:20 / 1:51:31

M: 1161 / Race: 2203

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm