

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Steph Upshall

35-39 / 190 of 396

1:49:33 / 1:51:18 F: 1026 / Race: 2183

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm