

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Courtney Langmead

-19 / 22 of 88

1:48:01 / 1:50:15

F: 989 / Race: 2128

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm