

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Shawn Benteau**

45-49 / 140 of 195

1:48:41 / 1:49:49 M: 1130 / Race: 2103

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm