

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

## **Deidre Puddister**

40-44 / 149 of 370

1:47:54 / 1:49:45

F: 970 / Race: 2099

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm