

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Heidi Murphy

30-34 / 131 of 331

1:46:15 / 1:49:40

F: 964 / Race: 2090

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm