

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lisa Coady

40-44 / 145 of 370

1:46:21 / 1:49:33

F: 960 / Race: 2082

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm