

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Colin Hayes

30-34 / 30 of 197

1:14:48 / 1:14:57

M: 168 / Race: 208

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm