

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Allyson Jones** 

35-39 / 177 of 396

1:47:35 / 1:49:13

F: 945 / Race: 2059

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm