TELY 10

The Telegram

10 Mile Road Race

July 22, 2018

Achievement Certificate

awarded to

Karen Meulenkamp

55-59 / 50 of 155	1:47:24 / 1:49:11	F: 940 / Race: 2053
category	time chip/time	overall positions

NLAA President: *Rosemary Ryan-Forsey*

Regional President The Telegram: *Lizzie Cramm*