

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Sheila Flynn

50-54 / 87 of 248

1:46:38 / 1:48:17

F: 902 / Race: 2004

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm