

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Laura Lawes

30-34 / 6 of 331

1:13:55 / 1:14:00

F: 38 / Race: 197

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm