

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Heather Keough** 

30-34 / 120 of 331

1:45:25 / 1:47:21

F: 861 / Race: 1939

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm