

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lisa Laing

40-44 / 133 of 370

1:45:01 / 1:46:59

F: 850 / Race: 1921

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm