

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Shawna Crawford**

30-34 / 117 of 331

1:43:37 / 1:46:57

F: 846 / Race: 1916

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm