

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Jamie West

40-44 / 4 of 195

1:00:23 / 1:00:26

M: 16 / Race: 19

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm