

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

lan Day

25-29 / 100 of 142

1:41:54 / 1:46:36 M: 1059 / Race: 1892

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm